

Certified
1-mile course
from Linwood
and Main,
south to 40th
street.

Please print
legibly with a
ballpoint pen.
One entry
per form.
Photocopies
acceptable.

ENTRY FORM - MAIN STREET MILE MAIN STREET MILE WAIVER & SIGNATURE

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. Also I know that, although police protection will be provided, there will be traffic on the course route. I assume the risk of running in traffic. I also assume any and all other risks associated with running this event, included but not limited to falls, contact with other participants, the effects of weather including high heat and/or humidity and the condition of the roads, all such risks being known and appreciated by me. I agree to abide by all decisions of the race officials relative to my ability to safely complete this race. I agree not to wear headsets, roller blades or skates during the race. I agree not to bring baby strollers/joggers, scooters or dogs onto the racecourse.

Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Main Street Corridor Development Corporation (MainCor) and the Main Street Community Improvement District, Kansas City Parks and Recreation, KC Running Company, race coordinators; and other participating area sponsors: City of Kansas City, Missouri including their Police Department; Race Officials; Volunteers; any and all sponsors including their agents, employees, assigns or anyone acting for or on their behalf, from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participation in this event though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I understand that the rules of the USAT&F regarding drug testing may be obtained by calling the U.S.O.C. at 1-800-233-0393.

This Release and Waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

The undersigned further grants full permission to all persons or entities in this waiver and/or agents authorized by them to use photographs, videotapes, motion pictures recording, or any other record of this event for any purpose.

Applications for minors will be accepted only with a parent's agreement on this waiver. (If a parent is agreeing on behalf of a minor, then parent agrees to defend and indemnify all persons and entities listed in the second paragraph of this Release & Waiver against any claim brought against them by that minor at any time, arising out of the minor's participation in this event.)

FOR OFFICIAL USE ONLY

I have read and agree to the terms of the waiver:

Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

(if entrant is under 18)

2 Heats to choose from: (Check one)

- Family Fun Run/Walk - 9 am
 Women's Competitive Heat - 9:30 am
 Men's Competitive Heat - 9:45 am

Age on race day: _____ Circle One: M F

Last Name _____

First _____

Address _____

City _____ State _____ Zip _____

Day Phone () _____ Evening () _____

E-mail _____

T-shirt size: YM YL S M L XL XXL

How did you hear about the Mile? _____

Entry Fees:

Early Bird - Received by April 18th
(Children 6 to 14 years) Adult \$20
Child \$15 (timed)
Child \$10 (not timed)
5 & Under Free (add \$3 for t-shirt)

Postmarked by May 3rd
(Children 6 to 14 years) Adult \$25
Child \$15 (timed)
Child \$10 (not timed)
5 & Under Free (add \$3 for t-shirt)

Race Day Registration - May 7th
(Children 6 to 14 years) Adult \$30
Child \$15 (timed)
Child \$10 (not timed)
5 & Under Free (add \$3 for t-shirt)

Tax-deductible donation to MainCor \$

Tax-deductible donation to Main Street Streetscape \$

TOTAL AMOUNT ENCLOSED \$

Mail completed entries to: MainCor, 3215 Main, Ste. 200, KCMO 64111

Make checks payable to: Main Street Mile (No refunds)

Sign up online at: www.kcmainstreetmile.org

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Sign up online at: www.kcmainstreetmile.org